

Caught in the Net: Assessment and Treatment of Internet Addictions

Friday, June 11, 2010 (Registration Deadline: Wednesday, June 2, 2010)

PRESENTER

Kimberly Young, Ph.D., is an internationally known expert on Internet Addiction and online behavior and speaks nationally and internationally on the subject. She is a professor at St. Bonaventure University, New York. She is the Director of the Center for Internet Addiction Recovery and the author of Caught in the Net, the first book to address Internet Addiction. She has also authored two other books: Tangled in the Web and Breaking Free of the Web: Catholics and Internet Addiction, as well as numerous articles on the impact of online abuse. Her work has been featured in The New York Times, USA Today, Newsweek, Time, CBS News, Fox News, Good Morning America and ABC's World News Tonight. Dr. Young also serves on the editorial board of CyberPsychology & Behavior and the International Journal of Cyber Crime and Criminology.

OVERVIEW

Research, over the last decade, has identified "Internet Addiction" as an emergent disorder with over 12 million Americans (1 out of 8) reported as having an addiction to the Internet. Most recently, the American Psychiatric Association has considered including it in the DSM-V. Similar to compulsive gambling, Internet Addiction has been defined as an impulse-control disorder where individuals experience a compulsion to be on the "net" to the degree that it begins to significantly interfere in their lives. In this high-tech age, where Internet access has become more accessible and necessary, it is increasingly difficult to determine the difference between normal Internet use and Internet Addiction. This workshop will discuss the various forms of internet Addiction, how to diagnose and treat it, assessment issues, evidence based therapy approaches and future trends.

OBJECTIVES

At the conclusion of the workshop, you will be able to:

- **Recognize** the diagnostic criteria for Internet Addiction.
- **Identify** at least two subtypes of Internet Addiction.
- **Describe** one assessment tool for evaluating Internet Addiction.
- **Apply** at least one technique for treating Internet Addiction.
- **List** at least one future trend in the technology addiction field.

WHO SHOULD ATTEND

Internet Addiction is a topic that has applicability for all human service professionals because of the popularity of the Internet and the potential for online abuse even in the workplace. This is an intermediate level workshop applicable to social workers, psychologists, marriage & family therapists, mental health and addiction counselors, school counselors, criminal and juvenile justice professionals, case managers, and clergy.

SCHEDULE

8 - 8:30 a.m. (EST)

- Registration, Continental Breakfast

8:30-10 a.m.

- History of Internet Addiction, diagnostic and associated features of the disorder and consequences.

10-10:15 a.m. - Break

10:15-12 noon

- Subtypes of Internet Addiction including on-line role-playing games, virtual chat rooms, communities, and casinos.

12:00 noon-1:15 p.m. Lunch (on your own)

1:15-2:15 p.m.

- Assessment techniques associated with differentiating normal from compulsive use of the Internet.

2:15-2:30 p.m. - Break

2:30-3:30 p.m.

- Treatment strategies associated with Internet Addiction recovery, Q & A

QUESTIONS AND/OR AUXILIARY AIDS

To register: contact Fran Howard, Workshop Registrar at (260) 482-9125, ext. 2019

For workshop questions: contact Gin Moore at (260) 482-9125, ext. 2188

Fax: (260) 481-2717 **TDD:** (260) 481-2730

E-Mail address: FHOWARD@PARKCENTER.ORG

WORKSHOP LOCATION: Grand Wayne Center, 120 W. Jefferson, Ft. Wayne, IN.

UPCOMING FALL WORKSHOPS:

- Friday, August 27, 2010 **Trauma Informed Care for Children and Adolescents**
Featuring: **Juli Alvarado, MA, LPC, NCC.**
- Friday, October 1, 2010 **Emotional Intelligence in Relationships: Advanced Strategies for Teaching Your Clients to Rewire Outmoded Emotional Habits.** Featuring: **Brent Atkinson, PhD**

SPONSOR

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VISIT OUR WEBSITE AT:

www.parkcenter.org/workshop.htm



CAUGHT IN THE NET: Assessment and Treatment of Internet Addictions

FEATURING: KIMBERLY YOUNG, PH.D, PSY. D.
DATE: FRIDAY, JUNE 11, 2010

GENERAL INFORMATION

REGISTRATION FEE: \$110.00 / \$90.00 per person for four or more registrations submitted together from the same organization for any of The workshops listed in the Spring 2010 Park Center Professional Training Series workshops. Continental breakfast, break refreshments, and training materials are all included. Lunch on your own.

CANCELLATION: Up to 5 days prior, \$10.00 administrative fee, less than 5 days, non-refundable.

CONFIRMATION: A confirmation letter will be sent to registrants. Out-of-town registrants will also receive a travel map.

LOCATION: Grand Wayne Center ~ 120 W. Jefferson Blvd. ~ Fort Wayne, Indiana 46802 ~ (260) 426-4100

LODGING: The Hilton Hotel is located in the Grand Wayne Center complex. Make your reservations by calling (260) 420-1100, ext. 7205. *If you need assistance with obtaining room reservations, please call Fran Howard at toll free (866) 481-2700, ext. 2019.*

PARKING: Parking is available for a fee within a two-block radius of the workshop location.

FACILITY ACCESSIBILITY: The Grand Wayne Center and Hilton Hotel are handicap accessible facilities. Please contact Fran Howard, Workshop Registrar, toll free (866) 481-2700, ext. 2019 if special accommodations are needed.

QUESTIONS OR CONCERNS: Contact Gin Moore at (260) 482-9125, ext. 2188.

WORKSHOP ROOMS ARE TRADITIONALLY COOL, PLEASE DRESS APPROPRIATELY.

CONTINUING EDUCATION

American Psychological Association	↔	Park Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Park Center maintains responsibility for the program and its content. Credits: 5.25 Hours.
Association of Social Work Boards	↔	Approved sponsor of continuing education programs. Credits: 5.25 Hours.
Indiana Behavioral Health Board	↔	Approved provider of Category I continuing education for LSW, LCSW, LMFT, LMHC, LMFTA, LCAC and LAC. However, licensees must judge the program's relevance to their professional needs. Credits: 5.25 Hours.
Indiana State Psychology Board	↔	Approved sponsor of continuing education programs for psychologists. Credits: 5.50 Hours.
Law Enforcement Training Board	↔	Approved provider for training of Indiana law enforcement officer and support personnel. Credits: 5.25 Hours.
National Board for Certified Counselors	↔	Approved provider of continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. Credits: 5.25 Hours.
National Association of Alcoholism and Drug Abuse Counselors	↔	Approved NAADAC education provider. Credits: 5.25 Hours.
Ohio Counselor and Social Work Board	↔	Approved sponsor of continuing education programs. Credits: 5.25 Hours.

Note: Continuing education and attendance certificates will be provided to those participants who complete the entire workshop.

REGISTRATION FORM

CAUGHT IN THE NET: ASSESSMENT AND TREATMENT OF INTERNET ADDICTIONS

(Registration Deadline: Wednesday, June 2, 2010)

Name: _____
 Degree: _____
 Organization: _____
 Mailing Address: _____
 City: _____ State: _____ Zip: _____
 Day Phone: _____ Evening Phone: _____
 E-Mail: _____

METHOD OF PAYMENT:

Check enclosed (payable to Park Center, Inc.)
 Amount Enclosed \$ _____
 Charge my: MasterCard VISA Discover
 Mastercard/VISA Debit American Express
 Card Number: _____
 Exp. Date: _____
 Cardholder Name (print): _____
 Signature: _____

INDICATE CONTINUING EDUCATION CREDIT REQUESTED

APA ASWB LCSW LMFT/LMFTA LMHC LSW
 LAC/LCAC ISPB/HSSP ILETB NBCC NAADAC Ohio CSWB

MAIL CHECK & REGISTRATION FORM TO:
 Fran Howard, Workshop Registrar, Park Center, Inc.,
 909 E. State Blvd., Ft. Wayne, Indiana 46805