

Treatment Philosophy Addendum

The drug and alcohol treatment program at Park Center is Abstinence Based. We believe that for a person dependent on any drugs or alcohol to continue to take addictive medications decreases their chance for successful recovery and sets them up for failure. Therefore any person referred to our treatment program will be expected to discontinue taking any addictive substances and this includes prescribed medications. In order to participate in our program you will be expected to discuss your disease of addiction with your medication provider and request to be changed to non-addictive medications. Alternatively you may request that Park Center begin a detoxification program whereby you will be slowly withdrawn from you addictive medications.

While at this time this policy will not cover nicotine, you should know that people who discontinue their use of nicotine also have a much better chance of a successful recovery.

If you feel that you cannot “function” without your current medications and we recognize that there may be a few exceptions then your choices are:

- 1) To find another treatment provider
- 2) If you want to continue services at Park Center you will be required to grant Park Center permission to obtain and review your medical records documenting your continued, ongoing need for addictive medications. You may be required to obtain up to two second opinions at your expense from other medical providers supporting your need to remain on addictive medications. These records will be reviewed and Park Center retains the right to decline to treat you. In that case you will be given a list of other providers whom you may contact for treatment.
- 3) In the extremely rare event that you will be allowed to continue treatment at Park Center and remain on addictive medications you will be required to sign a treatment contract. This contract will require among other things that you obtain treatment from only one provider, that you use only one pharmacy and that you agree to and submit to random pill counts. Any violation of these or other provisions in the contract may be grounds for immediate termination from treatment

While we recognize that this policy may appear strict we feel that the potentially fatal nature of the disease of addiction warrants these measures. We require these measures in order to provide you with the best possible treatment for your addiction and we stand committed to assist you in this process.