

# Trauma Informed Care for Children and Adolescents

Friday, August 27, 2010 (Registration Deadline: Wednesday, August 18, 2010)

## PRESENTER

**Juli Alvarado, MA, LPC, NCC**, is a licensed and certified professional counselor in Arvada, Colorado. Ms. Alvarado is an internationally recognized consultant, motivational speaker and expert in the area of relationship, attachment, trauma, and treatment of high risk, behaviorally disordered children and families. She has spent the past 20 years working in foster care and adoption with clients experiencing challenges in the home and family setting. She is the president and owner of Coaching for Life, LLC, a personal and professional development firm with an emphasis in maximizing human development and potential. Currently Ms. Alvarado provides expert consultation for state departments, judicial branches, agencies, corporations and families around the United States. She is a highly sought after consultant, trainer and coach.

## OVERVIEW

Clinicians and social workers involved with traumatized children on their caseloads are tired, burnt out, lost and at times hopeless when it comes to our most challenging population of children and adolescents. Due to significant loss in numbers of psychiatric hospitals and residential treatment programs, our mental health and child welfare programs have had to pick up the treatment and provision of care for some seriously disturbed and traumatized children. At the same time research into and knowledge of the etiology of trauma in mental, emotional and behavioral disorders is exploding in a new field of neuroscience. **Trauma informed care** is leading the charge in effective and efficient mental health and child welfare organizations, and those clinicians and organizations working to remain viable in the coming decade will be called to join this movement. A deep understanding of trauma, regulation and attachment will enable the clinician working with a challenging population to engage in the therapeutic relationship on a much deeper level, and to engage the entire support system in a way that will allow for increased success for the client, the clinician and the organization.

## OBJECTIVES

At the conclusion of the workshop, you will be able to:

- **Identify** trauma manifestations in behaviors and emotional presentation
- **Describe** how trauma impacts brain development, behaviors and emotions
- **Recognize** the difference between ADHD, Bipolar, ODD and Trauma
- **Integrate** regulatory and attachment theories to work with trauma clients
- **Apply** regulatory healing practices today

## WHO SHOULD ATTEND

This is an intermediate level workshop intended for a multi-disciplinary audience of human service professionals who work in settings that serve trauma-affected children and adolescents. It is highly relevant for social workers, mental health counselors, school counselors, addiction counselors, psychologists, psychotherapists, case managers, juvenile justice, foster care workers, DFCS case workers, and other youth service professionals.

## SCHEDULE

### 8 - 8:30 a.m. (EST)

- Registration, Continental Breakfast

### 8:30-10 a.m.

- Introduction to Trauma and Successful Organizational Change.

### 10-10:15 a.m. - Break

### 10:15-12 noon

- Emotional Regulatory Healing (ERH): A Trauma Informed Model

### 12:00 noon-1:15 p.m. Lunch (on your own)

### 1:15-2:15 p.m.

- Critical Thinking and Critical Communication Through ERH

### 2:15-2:30 p.m. - Break

### 2:30-3:30 p.m.

- Application of a New Model in Real Life Q & A

## QUESTIONS AND/OR AUXILIARY AIDS

**To register:** contact Fran Howard, Workshop Registrar at (260) 482-9125, ext. 2019

**For workshop questions:** contact Gin Moore at (260) 482-9125, ext. 2188

**Fax:** (260) 481-2717 **TDD:** (260) 481-2730

**E-Mail address:** FHOWARD@PARKCENTER.ORG

**WORKSHOP LOCATION:** Grand Wayne Center, 120 W. Jefferson, Ft. Wayne, IN.

## UPCOMING FALL WORKSHOP:

- Friday, October 1, 2010 ***Emotional Intelligence in Relationships: Advanced Strategies for Teaching Your Clients to Rewire Outmoded Emotional Habits.*** Featuring: **Brent Atkinson, PhD**

## SPONSOR

Park Center, Inc. is a private, non-profit, counseling and psychiatric center for adults, adolescents, children and families.

VISIT OUR WEBSITE AT:

[www.parkcenter.org/workshop.htm](http://www.parkcenter.org/workshop.htm)



# TRAUMA INFORMED CARE FOR CHILDREN AND ADOLESCENTS

FEATURING: JULI ALVARADO, MA, LPC, NCC

DATE: FRIDAY, AUGUST 27, 2010

CONTINUING EDUCATION GENERAL INFORMATION

**REGISTRATION FEE:** \$110.00 / \$90.00 per person for four or more registrations submitted together from the same organization for any of The workshops listed in the Spring 2010 Park Center Professional Training Series workshops. Continental breakfast, break refreshments, and training materials are all included. Lunch on your own.

**CANCELLATION:** Up to 5 days prior, \$10.00 administrative fee, less than 5 days, non-refundable.

**CONFIRMATION:** A confirmation letter will be sent to registrants. Out-of-town registrants will also receive a travel map.

**LOCATION:** Grand Wayne Center ~ 120 W. Jefferson Blvd. ~ Fort Wayne, Indiana 46802 ~ (260) 426-4100

**LODGING:** The Hilton Hotel is located in the Grand Wayne Center complex. Make your reservations by calling (260) 420-1100, ext. 7205. *If you need assistance with obtaining room reservations, please call Fran Howard at toll free (866) 481-2700, ext. 2019.*

**PARKING:** Parking is available for a fee within a two-block radius of the workshop location.

**FACILITY ACCESSIBILITY:** The Grand Wayne Center and Hilton Hotel are handicap accessible facilities. Please contact Fran Howard, Workshop Registrar, toll free (866) 481-2700, ext. 2019 if special accommodations are needed.

**QUESTIONS OR CONCERNS:** Contact Gin Moore at (260) 482-9125, ext. 2188.

**WORKSHOP ROOMS ARE TRADITIONALLY COOL, PLEASE DRESS APPROPRIATELY.**

<b>American Psychological Association</b>	↔	Park Center is approved by the <b>American Psychological Association</b> to sponsor continuing education for psychologists. Park Center maintains responsibility for the program and its content. Credits: 5.25 Hours.
<b>Association of Social Work Boards</b>	↔	Approved sponsor of continuing education programs. Credits: 5.25 Hours.
<b>Indiana Behavioral Health Board</b>	↔	Approved provider of Category I continuing education for LSW, LCSW, LMFT, LMHC, LMFTA, LCAC and LAC. However, licensees must judge the program's relevance to their professional needs. Credits: 5.25 Hours.
<b>Indiana State Psychology Board</b>	↔	Approved sponsor of continuing education programs for psychologists. Credits: 5.50 Hours.
<b>Law Enforcement Training Board</b>	↔	Approved provider for training of Indiana law enforcement officer and support personnel. Credits: 5.25 Hours.
<b>National Board for Certified Counselors</b>	↔	Approved provider of continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. Credits: 5.25 Hours.
<b>National Association of Alcoholism and Drug Abuse Counselors</b>	↔	Approved NAADAC education provider. Credits: 5.25 Hours.
<b>Ohio Counselor and Social Work Board</b>	↔	Approved sponsor of continuing education programs. Credits: 5.25 Hours.

**Note: Continuing education and attendance certificates will be provided to those participants who complete the entire workshop.**



**TRAUMA INFORMED CARE FOR CHILDREN AND ADOLESCENTS**

*(Registration Deadline: Wednesday, August 18, 2010)*

Name: \_\_\_\_\_

Degree: \_\_\_\_\_

Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**METHOD OF PAYMENT:**

Check enclosed (payable to Park Center, Inc.)

Amount Enclosed \$ \_\_\_\_\_

Charge my:  MasterCard  VISA  Discover

Mastercard/VISA Debit  American Express

Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Cardholder Name (print): \_\_\_\_\_

Signature: \_\_\_\_\_

**INDICATE CONTINUING EDUCATION CREDIT REQUESTED**

- APA  ASWB  LCSW  LMFT/LMFTA  LMHC  LSW
- LAC/LCAC  ISPB/HSSP  ILETB  NBCC  NAADAC  Ohio CSWB

**MAIL CHECK & REGISTRATION FORM TO:**  
 Fran Howard, Workshop Registrar, Park Center, Inc.,  
 909 E. State Blvd., Ft. Wayne, Indiana 46805

REGISTRATION FORM